

Posizioni dachi



Musubi-dachi



Achiji-dachi



Renoji-dachi



Sagi-ashi-dachi



Kosa-dachi



Kosa-dachi



Neko-ashi-dachi



Sanchin-dachi



Zenkutsu-dachi



Kokutsu-dachi



Fudo-dachi



Kiba-dachi



Shiko-dachi